

Directions to Lake James State Park

Lake James State Park is located in Burke and McDowell counties, five miles northeast of Marion on NC 126.

Traveling east on I-40

From I-40, take the Nebo/Lake James exit (exit 90) and head north. After a half mile, turn right onto Harmony Grove Road, and follow it for 2 miles to a stoplight. Proceed straight across the intersection and past Nebo Elementary School to a stop sign. Turn right onto NC 126, and follow the signs to the park entrance 2.3 miles on the left.

Traveling west on I-40

From I-40, take the Dysartsville/Lake James exit (exit 94) and head north for 0.5 mile to a stop sign. Turn left onto US 70 and follow it for 1.5 miles. Turn right onto Bridgewater Road and travel 1.2 miles. Turn left onto Benfield's Landing Road, and follow it for 2 miles to a stop sign. Turn left onto NC 126, and follow the signs to the park entrance 1.7 miles on the right.



Lake James State Park P.O. Box 340, Nebo, NC 28761 (828) 652-5047